

## Rochelle Park News and Events

October 2025

### GROWTH, LEARNING, AND COMMUNITY IN ACTION

The 2025–26 school year is now in full swing at Rochelle Park! Classes are underway, students are engaging in meaningful learning, and our track season is in full swing. We are proud of how quickly our students have settled in and are contributing to the life of our school. In the classroom, students are diving into new projects, exploring creative assignments, and showing growth in understanding and problem-solving.

Clubs and extracurriculars are thriving, with students taking leadership roles, collaborating on projects, and exploring their talents in areas from art and music to sports and student government. Community and teamwork continue to be a focus, helping students form connections and support one another. Students are also practicing key skills like time management, organization, and goal-setting, with guidance from our dedicated faculty and staff. We're excited for the months ahead, full of learning, events, and opportunities for students to shine. Thank you to our families and school partners for helping make our community strong, vibrant, and thriving.

### A NIGHT OF PARTNERSHIP AND PURPOSE

Last month we welcomed families to Back to School Night, a special evening designed to help parents and caregivers connect with our school community and learn more about their student's high school experience. Families had the opportunity to visit classrooms, explore student work, and hear directly from teachers about curricula, classroom routines, and expectations for the year ahead. They also heard from our leadership team and clinical staff, gaining insight into the academic, social-emotional, and wellness supports available to students.

The evening also provided a chance for families to ask questions and share feedback directly with staff. Back to School Night is particularly important at the high school level, as it helps families understand how students are being prepared for life after graduation while strengthening communication and collaboration between home and school. These evenings also highlight our commitment to building a supportive, connected community where families feel informed, engaged, and confident in the guidance their students receive.



# ROCHELLE PARK GROWS STRONGER: WELCOMING TWO NEW TEAM MEMBERS

## Dr. Olivia M. Gibson-Delaney, M.D.

We are thrilled to welcome Dr. Olivia M. Gibson-Delaney, a board-certified psychiatrist, to our Rochelle Park team! This is a major step forward in supporting our students' well-being and highlights the importance of a continuum of care - ensuring that students receive consistent, coordinated support from families, clinicians, and school staff.



Our staff recently had the opportunity to meet Dr. Delaney during a special meet-and-greet and Q&A session, and she has already begun working closely with our families. At Rochelle Park, Dr. Delaney provides on-site psychiatric consultation, diagnostic support, and care planning; collaborates with families, outside providers, and school clinicians; and contributes to staff training on mental-health topics relevant to learning.



Dr. Delaney brings a wealth of experience, having completed her psychiatry residency at Mount Sinai West and Morningside, earned her M.D. from Rutgers New Jersey Medical School, and

practiced across inpatient, emergency, community mental-health, and telehealth settings. She has served as an attending psychiatrist at Hackensack Meridian Mountainside Medical Center and currently works with Easterseals' Center Path Wellness clinic and Iris Telehealth. She holds active medical licensure in New Jersey and is board-certified by the American Board of Psychiatry and Neurology.

Having Dr. Delaney on-site strengthens our continuum of care, giving students the guidance and support they need to thrive academically, socially, and emotionally. We are proud to offer a school environment where mental health is prioritized, integrated, and supported at every level.



## Lindsay Goldstein-Hawkes, MSW, LCSW

Please join us in welcoming Lindsay Goldstein-Hawkes to the Rochelle Park team as a part-time therapist. With over 16 years of experience in hospitals, schools, and private practice, Lindsay brings a wealth of expertise and a genuine passion for supporting students and families. Lindsay is no stranger to Sage - she previously worked at Sage Day Boonton for five years, making her return feel like "coming home." Known for her engaging personality, she balances her love of conversation with attentive listening, creating a supportive environment for students.

Outside of work, Lindsay enjoys spending time with her husband, three daughters, and two dogs, and she is an avid reader who enjoys diving into a good book whenever she can. Lindsay shared, "I'm excited to be back and can't wait to connect with students and families!" Her experience and enthusiasm are already making a positive impact at Rochelle Park, and the community is thrilled to have her on board.



## NEW INITIATIVE INSPIRES COMMUNITY AND CARE

We are excited to share a brand new initiative that began this school year. Each month, our school community will highlight an important theme designed to raise awareness, foster understanding, and support meaningful causes. This effort also connects to the ongoing Kindness Initiative, reminding students and staff that kindness is at the heart of everything they do.



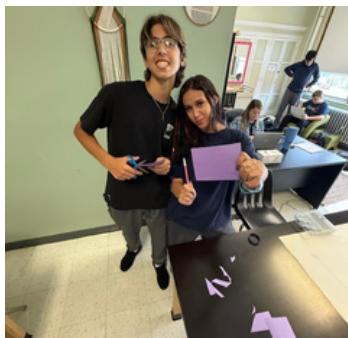
In September, the focus was on National Suicide Prevention Awareness Month. Students received purple and teal bracelets with encouraging messages during advisory. In addition, therapists incorporated suicide awareness into group sessions, giving students the opportunity to reflect, share, and discuss ways to support themselves and others.

Looking ahead, October's theme is Breast Cancer Awareness Month. The school community will continue to come together around this important cause, showing support and deepening understanding through awareness activities. This monthly initiative will continue throughout the school year, highlighting the importance of caring for one another - within our school, throughout our community, and beyond.

## COLOR WARS BRING ENERGY, TEAM SPIRIT, AND FUN TO CAMPUS

Last week, students showed their school spirit in the annual Color Wars—a friendly competition that brought together teamwork, excitement, and plenty of color! Students were divided into two teams: Red & Yellow and Blue & Purple. Throughout the week, advisories competed in fun challenges like Build a Mascot, Dress as Any Character, and Team Color Day, showing off their creativity and team pride.

The event wrapped up with a soccer finale, where the Blue/Purple Team claimed victory after a great match under sunny skies. Color Wars have become one of Rochelle Park's most anticipated traditions - a chance for students to bond, show leadership, and enjoy a little friendly competition. It was a perfect reminder that school spirit and teamwork make our community stronger every year!



## COLLEGE TRIPS INSPIRE FUTURE GOALS

Each year, Mrs. Sardinsky, organizes college visits to help our juniors and seniors explore next steps. This month, students will visit **Bergen Community College** and **William Paterson University** to get a real feel for campus life. Trips like these help our students envision their future, make informed decisions, and build interest about the possibilities ahead.



## STAY CONNECTED

Want to see more of the moments that make Rochelle Park special? Follow our Facebook page, Sage Alliance, for daily glimpses into classroom activities, student achievements, and community events.

### Easy Access

Scan the QR code to connect instantly or search **Sage Alliance** on **Facebook** and join our growing online community!



## ROCHELLE PARK PARENT & CAREGIVER SUPPORT GROUP

**NEXT MEETING  
TUESDAY,  
OCTOBER 14TH  
7:00 - 8:00PM**

### Upcoming Meeting Dates

*2nd Tuesday of each month*

- November 11
- December 9

Contact Tara Fries for Zoom link: [tfries@sageday.com](mailto:tfries@sageday.com)



## SUPPORTING EVERY STUDENT'S JOURNEY

We know every student's path is unique. Our flexible intake and onboarding process ensures a smooth transition by focusing on:

- **Individualized support** – Tailored plans designed to meet each student's needs.
- **Collaboration** – Close partnership between our leadership team, families, and school districts.
- **Inclusive environment** – A welcoming community where students can connect and feel supported from day one.
- **Strong foundation** – Helping students thrive academically, therapeutically, and personally.

**For out-of-district referrals or consultations, please contact our Clinical Director,  
Margo Adelsberg, at [madelsberg@sageday.com](mailto:madelsberg@sageday.com).**