

Rochelle Park News and Events

March 2026

MARCHING TOWARD NEW OPPORTUNITIES

As we turn the calendar to March, we are greeted not only by the promise of spring but also by a renewed sense of energy and optimism in our school community. The warmer temperatures ahead feel like a bit of luck after the winter months, reminding us that growth, renewal, and fresh possibilities are all around us.

This month invites us to celebrate both the small and big moments of “luck” in learning - whether it's discovering a new interest in class, mastering a challenging concept, or forging meaningful connections with peers and teachers. Each success is a reminder of the effort, curiosity, and resilience our students bring to school every day.

Across classrooms and hallways, students are stepping into opportunities to explore, create, and grow. Spring's arrival mirrors this natural momentum, encouraging us all to keep nurturing curiosity, collaboration, and personal growth.

We are grateful for the continued support of our families, staff, and broader school community. Together, we look forward to a season filled with learning, connection, and the little moments of luck that make every day at Sage special.



BRIDGE DAY WELCOMES FUTURE FRESHMEN

On February 4, our community welcomed 8th graders from Mahwah for our annual Bridge Day, a special tradition designed to help students transition smoothly from middle to high school. The day provides an early opportunity for incoming students to become familiar with our campus, meet teachers, explore classrooms, and connect with their future peers.



Throughout the day, students participated in a variety of interactive activities aimed at building confidence and easing first-day nerves. They had the chance to learn about school programs, ask questions about academics and extracurricular opportunities, and experience what daily life is like at Rochelle Park High School. From classroom tours to team-building exercises, every activity was designed to engage students and spark excitement for the journey ahead.



Bridge Day also gives our current students and staff the opportunity to welcome and mentor future freshmen, reinforcing the sense of community and support that defines our school. By creating a welcoming environment, we hope to ensure that every student feels prepared, confident, and excited as they look toward ninth grade.

QUARTER 2 KINDNESS AWARDS RECOGNIZE OUTSTANDING STUDENTS

We are proud to announce the Quarter 2 Kindness Award winners at Rochelle Park High School! These students have been recognized for consistently demonstrating kindness, empathy, and respect - qualities that make our school a welcoming and supportive place for everyone.

Students are nominated by their peers, faculty, and staff, highlighting the meaningful impact of their actions on the community. From helping classmates and lifting others' spirits to showing

everyday acts of compassion, these winners set a positive example that inspires those around them. We celebrate these students for their generosity of spirit and dedication to making Rochelle Park High School a better place. Families and community members, join us in congratulating our Quarter 2 Kindness Award winners and encouraging them to keep spreading kindness wherever they go!



ROCHELLE PARK BASKETBALL TEAM SHINES THIS SEASON



The Rochelle Park basketball team has had an incredible season, filled with high-energy games, sportsmanship, and memorable moments on and off the court. Our athletes have consistently demonstrated teamwork, determination, and respect, making every matchup an exciting experience for players and fans alike.

From intense showdowns against long-standing rivals to close, competitive games, our team has risen to every challenge. Each game brought heart, hustle, and resilience, and the support from coaches, families, and the cheering crowd made every gym feel electric.

We are especially proud of the way our athletes represent Rochelle Park - celebrating victories with humility, showing respect to opponents, and embracing the spirit of friendly competition. Thanks to the leadership and dedication of Coaches Preston and Stolerman, our students have grown both as athletes and as members of our school community. Congratulations to the basketball team for a season of hard work, memorable moments, and successes on the court. We look forward to seeing what this talented group will accomplish next season!



CELEBRATING QUARTER 2 ACADEMIC EXCELLENCE

Last month we recognized 19 students for their outstanding academic achievements in Quarter 2. Students earning High Honor Roll achieved an average of 93% or higher, while those on the Honor Roll earned an average of 88% or higher. Their dedication, focus, and hard work across all classes set a strong example for our school community. Join us in congratulating these students on their well-deserved accomplishments - their success is a reminder that perseverance and effort truly pay off!



HEARTFELT MOMENTS BEFORE THE HOLIDAY WEEKEND

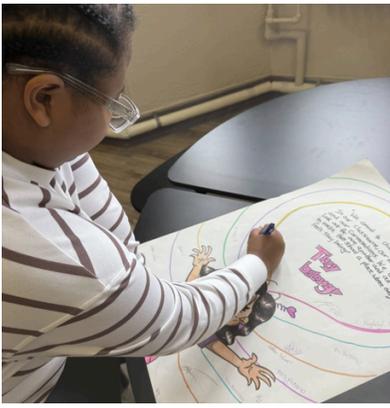
The day before our long holiday weekend was one filled with celebration, connection, and school spirit from start to finish. From a warm and welcoming breakfast in the morning to an energetic Dodgeball Tournament at the end of the day, our community came together to recognize kindness, teamwork, and the joy of being part of something bigger than ourselves.

The day began with a special Valentine's Day breakfast for students, faculty, and staff. The gym was thoughtfully decorated with red and pink accents, soft lighting, and festive music that created a warm and inviting atmosphere. It was a meaningful opportunity to pause and celebrate friendship, kindness, and the positive relationships that make our school community so strong. Sharing a meal together allowed students and staff to connect outside of the classroom and head into the holiday weekend feeling appreciated and valued.

As the day continued, excitement built for one of the most anticipated events of the year - our annual Dodgeball Tournament. By the end of the day, the gym was once again filled with energy as advisory teams took the court for an afternoon of laughter, teamwork, and friendly competition. With no academic pressure - just enthusiasm and school pride - students showcased impressive dodges, catches, and rallies while classmates cheered them on from the sidelines.

This year's competition has added an extra layer of excitement, as we currently have a school-wide tie for first and second place in the Advisory standings. With several months still remaining in the school year, it will be exciting to see how the points unfold and which advisory ultimately claims the top spot. From a heartfelt morning celebration to an action-packed afternoon, the day was a wonderful way to kick off a well-deserved long weekend and a reminder that connection, kindness, and teamwork are at the heart of all we do.





CELEBRATING RANDOM ACTS OF KINDNESS WEEK

Even with a shortened week, Rochelle Park students and staff made kindness shine! Wednesday, students wrote uplifting notes to grammar school friends. Thursday, the school signed the Kindness Commitment poster, pledging a safe and supportive



community. Friday, everyone donated non-perishable food to a local pantry and wore red and pink to show compassion and unity. Thanks to Mrs. McGovern and Miss Preston, who organize our Kindness Awards and monthly community initiatives - together, they are helping to inspire a school culture of kindness and care!



STAFF SPOTLIGHT: MRS. DILORENZO, ENGLISH DEPARTMENT HEAD

Mrs. DiLorenzo is in her 13th year as a dedicated and deeply valued member of the Sage community. She serves as English Department Chair, English and College & Career Teacher, Moderator for the National Honor Society, Student Council Advisor, and a member of the Sunshine Committee. Over the years, Mrs. DiLorenzo has inspired countless students with her passion for literature, commitment to mentorship, and enthusiasm for guiding young people both inside and outside the classroom. Her leadership, warmth, and dedication make her an integral part of the Sage family.



What inspired you to join the Sage team?

Mrs. DiLorenzo shares, "I've always loved working with kids - since I was a kid myself! From an early age, I played 'school' with my Barbie dolls and stuffed animals. I'm curious about many different subjects and wanted to share that enthusiasm and my love of reading with others."

What do you enjoy most about working with our students?

"What I enjoy most," Mrs. DiLorenzo says, "is mentoring students and watching them grow - not just academically, but as thoughtful, confident individuals."

If you weren't working in education, what job would you be doing?

If she weren't working in education, Mrs. DiLorenzo says she would likely own a bridal or couture dress shop - or perhaps work at Bergdorf's - helping family and friends find the perfect dress for their special day.

Who was your favorite teacher when you were in school and why?

"My favorite teacher was Ms. Hondron, my fourth-grade teacher," she recalls. "She brought every lesson to life, sharing stories from her travels and her home country of Greece. She was vibrant, enthusiastic, and kind - I can still picture her on her stool, captivating the whole class with her stories."

We are incredibly grateful for Mrs. DiLorenzo's dedication and leadership and proud to celebrate her in this month's Staff Spotlight.



STAY CONNECTED

Want to see more of the moments that make Rochelle Park special? Follow our Facebook page, Sage Alliance, for daily glimpses into classroom activities, student achievements, and community events.

SUPPORTING EVERY STUDENT'S JOURNEY

Every student's path is unique. Our flexible intake and onboarding ensure a smooth transition through:

- Individualized support – Plans tailored to each student's needs
- Collaboration – Partnership with families, leadership, and districts
- Inclusive environment – A welcoming community from day one
- Strong foundation – Supporting academic, therapeutic, and personal growth

For out-of-district referrals or consultations, please contact our Clinical Director, Margo Adelsberg, at madelsberg@sageday.com.

UPCOMING EVENTS



March is WOMEN'S HISTORY MONTH



Sage Alliance Schools

ROCHELLE PARK FAMILIES Parent and Caregiver Support Group

Date: Tuesday, March 10, 2026

Time: 7:00 PM

Location: Virtual (Zoom link will be provided)

This virtual group is for **new and current** parents and caregivers of Sage Rochelle Park students to connect, share experiences, and support each other in a welcoming space. We encourage all parents and caregivers to join!

Email Tara Fries at: tfries@sageday.com for the link!



Mark Your Calendar - 2026 Upcoming Dates
*2nd Tuesday of each month
April 14th | May 12th | June 9th



NEW DATE!

SAGE ROCHELLE PARK FAMILIES!

WE WILL BE HOSTING OUR 2ND FAMILY FUN NIGHT!

LOCATION: SAGE ROCHELLE PARK

THURSDAY MARCH 19TH, 7:00PM - 8:30PM

THERAPY DOGS FROM OPERATION K9 BEETHOVEN
WILL BE JOINING US FOR

PIZZA, SALAD AND A HOT CHOCOLATE BAR!

STUDENTS & FAMILIES ARE INVITED,
MUST BE ACCOMPANIED BY AN ADULT
RSVP TFRIES@SAGEDAY.COM, INCLUDE # ADULTS / KIDS

